

Weekend Content NLP Highland Diploma Course

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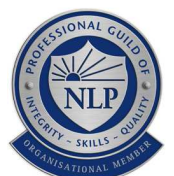
Weekend 1

- Origins of NLP
- NLP operating beliefs
- NLP Communications Model
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- Sensory Terms and Model of the World
- Representation systems
- Language styles (inc. own)
- Eye accessing cues
- Rapport with physical matching, language matching
- Model of the world (re language use, NB feedback,) (Be open to the notion that it's possible to listen to another person while suspending all emotional response in order to give them good attention, feedback, and to be able to give yourself feedback about your own response.)
- Introduction to sub-modalities
- Circle of Excellence
- Logical Levels
- Logical Level alignment
- Discovering your own creativity
- Giving and receiving feedback
- Well-formed outcome – with rapport (physical)

Individual feedback session with trainer



NLP Highland
PO Box 5895, Forres, Morayshire, IV36 1WW
Tel. 01309 676004, Mobile 07796 134081
Http: www.nlphighland.co.uk,
Director: Rosie O'Hara, MCIL, MITI, Certified LAB Profile Practitioner, Master Practitioner of NLP,
Licensed Teacher of Magical Spelling and Certified Trainer of NLP



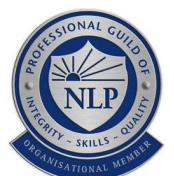
Weekend 2

- Reviewing
- More Rapport
- First anchoring skills
- Change Processes
 - Swish
 - Perceptual Positions
 - Simple Belief Change
 - Change Personal History
- Wishing to Wanting
- Meta Model (Precision Language)



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Weekend 3

- Unconscious Incompetence, Conscious Incompetence etc.
- Time
- Changing the sub-modalities for a future event
- Meta Model 2
- Meta Programs
 - applications in personal life and uses in business
- More Rapport
- Stacking anchors
- Chaining Anchors
- Well-formed Outcome (incorporating learnings so far)
- Mini - Assessment

Individual feedback session with trainer



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